



# IX SOUTH EAST T.K.D.OPENS

SUNDAY 11<sup>TH</sup> MARCH 2012

Francis Bacon School, Sports Complex, Drakes Drive, St. Albans,  
Herts., AL1 5AR **9am – 4pm**

A fully matted and insured I.T.F. styled championships

Details & results [www.ltsi-tournaments.co.uk](http://www.ltsi-tournaments.co.uk) & [www.uk-ltsi.com](http://www.uk-ltsi.com)

## COMPETITOR DETAILS (Please print your name clearly)

First Name  Surname

Male  Female  Junior (up to 12 Yrs)  Youth (13-17 Yrs)  Adult (18+)  Height (cm)  Weight (kg) 13's +  Age on day

Date of Birth  Instructor  School

## GRADE

Continuous Sparring 10<sup>th</sup> Kup  9<sup>th</sup> Kup  8<sup>th</sup> Kup  7<sup>th</sup> Kup  6<sup>th</sup> Kup  5<sup>th</sup> Kup   
4<sup>th</sup> Kup  3<sup>rd</sup> Kup  2<sup>nd</sup> Kup  1<sup>st</sup> Kup   
I Dan  II Dan  III Dan  IV Dan  V Dan  VI Dan

## CATEGORIES

Pattern  Continuous Sparring  Power Test  Destruction

## PLEASE READ AND SIGN BELOW

I understand that there may be some risks to my health and well being by taking part in this tournament. I acknowledge that, as part of the Health and Safety at Work Act (1974), I must always be responsible for my personal well being. I will wear approved safety protection on my head, hands, feet and teeth (also, if male, a groin guard). I also recognise that the Lions Tae Kwon Do Schools Independent will ensure, wherever practical, that all risks are considered and minimised within the tournament areas. There is currently no reason why I cannot participate in this event and I confirm I am currently the holder of an up-to-date licence/insurance policy. I agree to abide by the rules and regulations of L.T.S.I. whilst participating. As a condition of acceptance to this event, I agree not to hold the L.T.S.I., the Officials, my Instructor or any students legally responsible for any injury I may sustain at this event. I certify and confirm that I will accept all of the decisions of the Officials and that all of the above information is correct.

I confirm that, by ticking this box and taking part in this event, I have no objections to the L.T.S.I. taking photos and films on the day to publicise future events and agree that this is part of my acceptance to compete at the South East Opens 2012 organised by the L.T.S.I.

Entry fee £15 per person. Spectator tickets £3 each in advance (on the door £5 each).

Family ticket (two adults, two children) £10 in advance only.

**Entries to be received by 25<sup>th</sup> February 2012** (cheques made payable to your Instructor).

## PATTERN TEAM LIST (ALL GRADES, ONLY ONE TEAM PER SCHOOL)

NAME	D.O.B.	GRADE	AGREED SCHOOL NAME
1.			
2.			
3.			
4.			
5.			

Competitor Signature (Parent/Guardian if under 18)  Tel/Mob:  Date Returned

Email:  Licence expiry date:

Instructors Signature:

Please Print Name:

**Student:** Please fill in this form fully, sign it and hand into your school Instructor in the time they specify.

**All Instructors:** please bring these forms with you on the day in case of a recall for clarification.

DIVISIONS BEING RUN ON THE DAY (subject to change if not enough entries)			
<b>Males</b>	<b>12 years and under - 10<sup>th</sup> to 6<sup>th</sup> Kup</b>	<b>Females</b>	<b>12 years and under - 10<sup>th</sup> to 6<sup>th</sup> Kups</b>
<input type="checkbox"/> - 125 CM <input type="checkbox"/> 125 to 134 CM <input type="checkbox"/> 135 CM to 144 CM <input type="checkbox"/> 145 CM to 155 CM <input type="checkbox"/> +156 CM		<input type="checkbox"/> - 125 CM <input type="checkbox"/> 125 to 134 CM <input type="checkbox"/> 135 CM to 144 CM <input type="checkbox"/> 145 CM to 155 CM <input type="checkbox"/> +156 CM	
<b>Males</b>	<b>Under 13 years - 5<sup>th</sup> to 1<sup>st</sup> Kup</b>	<b>Females</b>	<b>Under 13 years - 5<sup>th</sup> to 1<sup>st</sup> Kups</b>
<input type="checkbox"/> - 125 CM <input type="checkbox"/> 125 to 134 CM <input type="checkbox"/> 135 CM to 144 CM <input type="checkbox"/> 145 CM to 155 CM <input type="checkbox"/> +156 CM		<input type="checkbox"/> - 125 CM <input type="checkbox"/> 125 to 134 CM <input type="checkbox"/> 135 CM to 144 CM <input type="checkbox"/> 145 CM to 155 CM <input type="checkbox"/> +156 CM	
<b>Males</b>	<b>13 to 17 years - 10<sup>th</sup> to 6<sup>th</sup> Kup</b>	<b>Females</b>	<b>13 to 17 years - 10<sup>th</sup> to 6<sup>th</sup> Kup</b>
<input type="checkbox"/> - 65 KG <input type="checkbox"/> 65.1 KG TO 74.9 KG <input type="checkbox"/> + 75 KG		<input type="checkbox"/> - 55 KG <input type="checkbox"/> 55.1 KG to 62.9 KG <input type="checkbox"/> +63 KG	
<b>Males</b>	<b>13 to 17 years - 5<sup>th</sup> to 1<sup>st</sup> Kup</b>	<b>Females</b>	<b>13 to 17 years - 5<sup>th</sup> to 1<sup>st</sup> Kup</b>
<input type="checkbox"/> - 65 KG <input type="checkbox"/> 65.1 KG TO 74.9 KG <input type="checkbox"/> + 75 KG		<input type="checkbox"/> - 55 KG <input type="checkbox"/> 55.1 KG to 62.9 KG <input type="checkbox"/> +63 KG	
<b>Males</b>	<b>18 years and over - 10<sup>th</sup> to 6<sup>th</sup> Kup</b>	<b>Females</b>	<b>18 years and over - 10<sup>th</sup> to 6<sup>th</sup> Kup</b>
<input type="checkbox"/> - 72 KG <input type="checkbox"/> 72.1 KG TO 79.9 KG <input type="checkbox"/> + 80 KG		<input type="checkbox"/> - 65 KG <input type="checkbox"/> - 65.1 KG TO 74.9 KG <input type="checkbox"/> + 75 KG	
<b>Males</b>	<b>18 years and over - 5<sup>th</sup> to 1<sup>st</sup> Kup</b>	<b>Females</b>	<b>18 years and over - 5<sup>th</sup> to 1<sup>st</sup> Kup</b>
<input type="checkbox"/> - 72 KG <input type="checkbox"/> 72.1 KG TO 79.9 KG <input type="checkbox"/> + 80 KG		<input type="checkbox"/> - 65 KG <input type="checkbox"/> - 65.1 KG TO 74.9 KG <input type="checkbox"/> + 75 KG	
<b>Males</b>	<b>Black Belts - 10 to 12 years</b>	<b>Females</b>	<b>Black Belts - 10 to 12 years</b>
<input type="checkbox"/> Division may be split depending on numbers		<input type="checkbox"/> Division may be split depending on numbers	
<b>Males</b>	<b>Black Belts - 13 and 14 years</b>	<b>Females</b>	<b>Black Belts - 13 and 14 years</b>
<input type="checkbox"/> - 65 KG <input type="checkbox"/> 65.1 KG TO 74.9 KG <input type="checkbox"/> + 75 KG		<input type="checkbox"/> - 55 KG <input type="checkbox"/> 55.1 KG to 62.9 KG <input type="checkbox"/> +63 KG	
<b>Males</b>	<b>Black Belts - 15 to 17 years</b>	<b>Females</b>	<b>Black Belts - 15 to 17 years</b>
<input type="checkbox"/> - 65 KG <input type="checkbox"/> 65.1 KG TO 74.9 KG <input type="checkbox"/> + 75 KG		<input type="checkbox"/> - 55 KG <input type="checkbox"/> 55.1 KG to 62.9 KG <input type="checkbox"/> +63 KG	
<b>Males</b>	<b>Black Belts - 18 years and over</b>	<b>Females</b>	<b>Black Belts - 18 years and over</b>
<input type="checkbox"/> - 72 KG <input type="checkbox"/> 72.1 KG TO 79.9 KG <input type="checkbox"/> + 80 KG		<input type="checkbox"/> - 65 KG <input type="checkbox"/> - 65.1 KG TO 74.9 KG <input type="checkbox"/> + 75 KG	
<b>Male Veterans (40+)</b>		<b>Female Veterans (40+)</b>	
<input type="checkbox"/> Black Belts - all weights	<input type="checkbox"/> Colour Belts - all weights	<input type="checkbox"/> Black Belts - all weights	<input type="checkbox"/> Colour Belts - all weights

PATTERN DIVISIONS BEING RUN	
<input type="checkbox"/> 10 <sup>th</sup> Kup to 7 <sup>th</sup> Kup 12's and under <input type="checkbox"/> 10 <sup>th</sup> Kup to 7 <sup>th</sup> Kup 13's and over <input type="checkbox"/> 6 <sup>th</sup> Kup to 4 <sup>th</sup> Kup 12's and under <input type="checkbox"/> 6 <sup>th</sup> Kup to 4 <sup>th</sup> Kup 13's and over <input type="checkbox"/> 3 <sup>rd</sup> Kup to 1 <sup>st</sup> Kup 12's and under <input type="checkbox"/> 3 <sup>rd</sup> Kup to 1 <sup>st</sup> Kup 13's and over	<input type="checkbox"/> Black Belts 1 <sup>st</sup> Dan 12's and under (mixed) <input type="checkbox"/> Black Belts 1 <sup>st</sup> to 3 <sup>rd</sup> Dan 13's to 17's (mixed) <input type="checkbox"/> Black Belts 1 <sup>st</sup> to 3 <sup>rd</sup> Dan 18's and over (mixed) <input type="checkbox"/> Black Belts 4 <sup>th</sup> Dan and over (mixed)

BREAKING DIVISIONS BEING RUN	
<input type="checkbox"/> Special 8 to 12's Jump Front (Inc. Black Belts) <input type="checkbox"/> Special 13 to 15's Jump Front (Inc. Black Belts) <input type="checkbox"/> Special 16 and 17's Jump Front (Inc. Black Belts) <input type="checkbox"/> 10 <sup>th</sup> to 7 <sup>th</sup> Kup 18's+ Males - Side Kick <input type="checkbox"/> 10 <sup>th</sup> to 7 <sup>th</sup> Kup 18's+ Females - Side Kick <input type="checkbox"/> 6 <sup>th</sup> to 1 <sup>st</sup> Kup 18's + Males - Back Kick <input type="checkbox"/> 6 <sup>th</sup> to 1 <sup>st</sup> Kup 18's + Females - Back Kick	<input type="checkbox"/> 18+ Black Belt Males - 360 Degree Jump Back (TFT) <input type="checkbox"/> 18+ Black Belt Females - 360 Degree Jump Back (TFT)

#### Tournament Rules:

- The organisers reserve the right to amalgamate any sections, but students will be informed on the day.
- All rings will be manned by independent umpires / referees and judges, where possible (one rep from each group).
- Full sparring equipment must be worn - hands / foot / head (groin guard for males).
- Excessive contact will result in instant DQ.
- The County title is won by amount of medals picked up by each school team during the day.
- ALL schools MUST be divided into teams of a maximum of 15 and a name given i.e. 'Luton Warriors'
- Patterns are on a point system (1,2,3 poor - 4,5,6, average - 7,8,9 good)
- In signing this form, all applicants have agreed they understand that L.T.S.I. staff will be filming during the day and photos of them may be used in the National Martial Arts Press to promote future events.
- All decisions on the day are FINAL - once you have signed this form, you agree to these terms.
- Refunds will not be issued after the deadline - however, FREE entry into our next event will be given.
- All under 13's will receive a certificate of attendance (over 13's can request these and we will send them by post).

#### Sparring Rules:

- All competitors to wear the red and blue velcro belts provided during sparring.
- Hand, foot, head guard and groin protectors MUST be worn (ONLY SEMI CONTACT EQUIPMENT ALLOWED, NOT FULL CONTACT).
- All grades continuous sparring - one x 90 second round, final 120 second round.
- Black Belts - one x 120 second round, final 2 x 90 second round.
- All centre referees to wear the official polo shirt provided by L.T.S.I. (to be returned at the end of event).
- All supplied officials MUST wear blazer, shirt, tie, slacks and white trainers.
- Veterans division will be touch sparring (very light contact) only.
- All students will follow the three punch rule - example: three punch and kick is fine, four punch and kick - warning to be given.

#### Patterns Rules:

- All competitors will be called up in sets of two.
- The three or five judges will award a score on the score cards between 1 and 9 points.
- The highest three scores of the division will win, or in the case of a draw, there will be a second round to find the winner.
- Example: Blue gets a 3,3,5 Red gets a 4,3,3 - **Blue is the winner by one point.**

#### Team Rules:

- All teams can be made up from any grade from the same school.
- The pattern MUST be done in unison, with a minimum of one split in the pattern.

#### Points awarded towards area title (including team pattern):

Gold 3 points - Silver 2 Points - Bronze 1 Point.